

# WEST SEATTLE HIGH SCHOOL

## FALL SPORTS INFORMATION 2025-2026

*Wildcat Motivation:*

***"Success is not final; failure is not fatal: it is the courage to continue that counts."***

### **West Seattle High School Fall Sports Offered:**

<i>Girls Sports</i>	<i>Cut Sport?</i>	<i>Boys Sports</i>	<i>Cut Sport?</i>
<i>Girls Swim &amp; Dive</i>	No	<i>Boys Football</i>	No
<i>Girls Volleyball</i>	Yes	<i>Boys Cross Country</i>	No
<i>Girls Cross Country</i>	No	<i>Boys Golf</i>	Yes
<i>Girls Soccer</i>	Yes		
<i>Girls Golf</i>	Yes		

***Is your Wildcat registered for sports this school year? Registration is now open!***

"We are very excited to announce that the West Seattle High School is launching FinalForms, an online system that will help us boost compliance and safety. FinalForms allows you to complete and sign forms from your computer, tablet, or mobile device.

The best news is: FinalForms saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice!

FinalForms also pre-populates information wherever possible, for each of your students, saving you time if you have multiple children.

You may login any time to update information including emergency medical contacts and information. You will be required to sign your forms once per year and any time you make an update.




We are asking that ALL parents of athletes use FinalForms.

Please register at: <https://westseattlehs.seattleschools.org/student-life/athletics/>

**FINALFORMS™**



### **Follow Your Favorite Wildcats on Social Media**

	Twitter Handle: WSHSAthletics1		Instagram Handle: westseattle.athletics		Facebook Handle: West Seattle High School Athletics
---	-----------------------------------	---	--	---	--

### ***Does Your Wildcat Need an Updated Physical?***

NeighborCare Health (located in West Seattle HS) is currently doing physicals for all West Seattle HS Athletes! Appointments need to be scheduled in advance. All students should arrive wearing a mask and follow all social distancing expectations.



**NeighborCare Health Contact:**

[sbhs@neighborcare.org](mailto:sbhs@neighborcare.org)

**206-658-8048**

#### ***Other Sports Physicals Options:***

The ZoomCare logo, consisting of the word "zoomcare" in white lowercase letters on a solid blue rectangular background.

**Website:** <https://www.zoomcare.com/services/sports-physical>

## **SPORT SPECIFIC INFORMATION**

***Your Sports Coach will relay tryout and practice start times to the teams via **FinalForms!*****

<b>Sport</b>	<b>Start Date:</b>	<b>Location</b>	<b>Coach Contact Info</b>
<b>Football</b>	<b>08/20/2024</b>	<b>Hiawatha Playfield</b>	<b>Coach Stordahl</b> <a href="mailto:antstordahl@yahoo.com">antstordahl@yahoo.com</a>
<b>Girls Volleyball</b>	<b>08/25/2024</b>	<b>West Seattle HS</b>	<b>Coach Scott</b> <a href="mailto:scott.behrbaum@gmail.com">scott.behrbaum@gmail.com</a>
<b>Boys &amp; Girls Cross Country</b>	<b>08/25/2024</b>	<b>West Seattle HS (Historical Entrance)</b>	<b>Coach Shelley</b> <a href="mailto:achildbecomes@gmail.com">achildbecomes@gmail.com</a>
<b>Girls Swim &amp; Dive</b>	<b>08/25/2024</b>	<b>SWAC</b>	<b>Coach Karen</b> <a href="mailto:karen.e.boehmer@gmail.com">karen.e.boehmer@gmail.com</a>
<b>Girls Soccer</b>	<b>08/25/2024</b>	<b>Walt Hundley</b>	<b>Coach Carew</b> <a href="mailto:carew.daniel@gmail.com">carew.daniel@gmail.com</a>
<b>Boys &amp; Girls Golf</b>	<b>08/25/2024</b>	<b>West Seattle Golf Course</b>	<b>Coach Joel</b> <a href="mailto:wshsgolfteam@outlook.com">wshsgolfteam@outlook.com</a>

# ***Fall Sports Family Information Night*** ***Tuesday, September 2<sup>nd</sup> @ 7:00pm***

***Mandatory for All Families with Student-Athletes Competing in  
Fall Sports for West Seattle High School.***

***Meet in the Main Gym for short informational meeting with  
West Seattle Athletics Administration and Support Staff.***

***Breakout Rooms for Specific Fall Teams will follow.***

